



# Resilience During Workforce Restructuring: *A Community Conversation*

Wednesday, July 8 | 5:30–6:30 PM | Northwood Idea Center

Workforce restructuring can bring out:	It can also reveal something else:
<ul style="list-style-type: none"> <li>• Fear</li> <li>• Anxiety</li> <li>• Frustration</li> <li>• Sadness</li> <li>• Grief</li> <li>• Uncertainty</li> </ul>	<ul style="list-style-type: none"> <li>• Strength</li> <li>• Resilience</li> <li>• Compassion</li> <li>• Generosity</li> <li>• Connection</li> <li>• Support</li> </ul>

**Whether you have been directly affected by recent workforce restructuring, are supporting someone who has, or you simply want to support your community - you are welcome.**

- Join us for a facilitated community conversation about how we can support individuals, families, and our community during workforce restructuring.
- Together, we'll explore needs, strengths, resources, and opportunities to help one another navigate change and move forward with resilience.



***Because while we cannot always control the changes around us, we can choose how we show up for one another. We can struggle well together.***